

## LETTUCE CELEBRATE

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June 19, 7pm  
Los Lunas, NM

#### Appetizers

*Wheat crackers with goat  
cheese and dab of  
Mint or Raspberry jam*

*Thai Beef Lettuce Wraps  
With sprouts*

#### Soup

*Cream of Carrot and  
Leak with a basil crème  
fraiche garnish*

#### Salad

*Braised Lettuce with creamy  
fennel dressing and  
goat milk parmesan*

*Tossed varietal lettuce with  
white wine vinaigrette  
with grolau chives and  
lemon basil*

#### Entrees

*Coq au Vin*

*Roasted lamb with rosemary  
and garlic served with  
mint jelly*

*Pasta tossed with peas*

*Fresh Hand Kneaded Bread  
with honey butter*

#### Dessert

*Belgian Waffles with  
whipped cream  
and strawberries*

*Jojobe bread with  
lavender glaze*

**Wine Samples to  
compliment the meal**

"Field to Food" is a community food event honoring growers and producers of quality foods within a 100 mile radius of the Center for Ageless Living. This event supports the development of sustainable systems that improve the quality of our lives as we age. Purchasing local foods and supporting local organizations are simple ways to improve the quality of each of our lives and our community.

This year SC, Inc. is working with local community garden programs, the Valencia County Extension Service Master Gardeners' program and local gardeners to distribute fresh produce boxes to low income, homebound elders. This project reflects SC, Inc.'s commitment to sustainable communities for senior care and programs that help to reduce the isolation of aging. Proceeds of the "Field to Food" event will help to start this program.

The Center for Ageless Living is in the heart of Valencia County at 3216 Hwy 47 South, Los Lunas, just north of South El Cerro Loop, where the "Field to Food" event will be held.

This is our purposed menu for the 2010 event and we are looking for local growers and vendors to help us with the following ingredients for the event.

Varietal Lettuces  
Romaine Lettuce  
Radicchio Lettuce  
Sprouts  
Carrots  
Leaks  
Scallions  
Peas  
Pearl Onions  
Garlic  
Strawberries  
Mushrooms  
Beef  
Lamb  
Bacon  
Cheeses  
Eggs  
Cream  
Pasta

If you are interested in helping to grow or provide any of these local ingredients please fill out the Vendor form and return it to the Center for Ageless Living

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