

Center for Ageless Living
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For Immediate Release

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www.nmagelessliving.com

Center Names Activity and Community Resource Liaison

Los Lunas, NM – Kathy Holliday joins The Center for Ageless Living as Activity and Community Resource Liaison. In her new position Holliday heads volunteer and resource recruitment for the Center in an effort to continue to reduce the isolation of aging.

A former airline flight attendant, Kathy is a long-time resident of Los Lunas; she most recently served as the Activity Director for the Albuquerque Grand Assisted Living Program.

Residents who want to offer resources or participate in the volunteer program are encouraged to contact Kathy at 505-865-8813.

The Center for Ageless Living is a unique facility that embraces and supports aging with a variety of programs and services that include family and community involvement. The five elements of The Center – Senior Living Systems, Personal Living Systems, the Garden Gate Day Spa and Salon, Green House Rotisserie and Community Park Programs – are located just north of South El Cerro Loop in Los Lunas. For more information, go to www.nmagelessliving.com.

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aging is part of life

agelessness is a way of living