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NEWS RELEASE from Center for Ageless Living

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Babies to Seniors: Center Partners with Valencia County Breastfeeding Task Force

Los Lunas, NM -- For the second year, Garden Gate Day Spa and Salon therapists honor World Breastfeeding Week August 1 – 7, 2007, by donating portions of treatment proceeds to Valencia County Breastfeeding Task Force fund raising efforts; in addition, seniors at the Center offer “baby rocking” services to WBW participants.

World Breastfeeding Week emphasizes the benefits of breastfeeding for maternal and child health. The idea for participation came from within the Spa which is located on the campus of the Center for Ageless Living and in 2006 when the facility was less than one year old \$1000 was presented to the Task Force.

“Agelessness begins in the womb,” Suzette Lindemuth, Director commented. “Massage, the foundation of healthy pregnancy, healthy living and graceful aging is a Garden Gate signature service; our seniors at the Center are offering “baby rocking” services for women participating in breastfeeding classes and World Breastfeeding Week activities.”

The Valencia County Breastfeeding Task Force plans a special event 4 – 6pm Friday August 3, 2007 at Anna Becker Park in Belen. Co-Chairs are Pat Ionita and Deborah Boyles.

The 2007 theme for the week, established by the World Alliance for Breastfeeding Advocacy, “Breastfeeding: The 1st Hour – Save 1 Million Babies” focuses on the importance of providing mothers and infants with a soft welcome in the first hour or two after birth.

The Center for Ageless Living is a unique facility that embraces and supports aging with a variety of programs and services that include family and community involvement. The five elements of The Center – Senior Living Systems, Personal Living Systems, the Garden Gate Day Spa and Salon, Green House Rotisserie and Community Park Programs – are located on Highway 47 just north of South El Cerro Loop in Los Lunas. For more information, log onto www.nmagelessliving.com.

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aging is part of life

agelessness is a way of living