

senior living

systems

As the complications of life become more demanding; safety, security and companionship become essential. The personal care approach at Senior Living Systems is centered on dignity, respect and enhancing the independence of seniors and disabled. Located 30 miles south of Albuquerque, NM in the small town of Los Lunas, our country setting allows us to have a unique blend of personal care and services that enhance the lives of those who live there and an environment in which we can be committed to sustainability.

AMENITIES

By providing a clean and safe environment, our residents can relax and enjoy ageless living.

- Three residential homes with total capacity of 45 beds
- Private and semi-private bedrooms
- Secured facilities
- Enclosed courtyard
- On site community park with performance stage
- Lovely pond and garden
- 24 hour perimeter surveillance
- Emergency response button

SUPPORT SERVICES

Personal hands on-care is provided by our qualified staff to make each day manageable.

- Nutritious meals & healthy snacks
- Assistance with medications
- Assistance with incontinence
- 24 hr supervision & emergency response
- Bathing / grooming / dressing
- Transfers / Mobility
- Laundry / housekeeping

HEALING PERSONAL TOUCH

As part of our mission to improve health and well being, residents and their families have the privilege of enjoying time at The Garden Gate Day Spa and Salon located on the same campus. Those amenities include the following;

- Heated mineral pool with underwater music
- Hot tubs
- Dressing rooms w/ sauna & steam rooms
- Aromatherapy room
- Mini massages
- Weekly Salon services including manicure, pedicure, hair cuts, shampoo & sets.

HEALTH CARE MANAGEMENT

Continuous care coordination with physicians and families to ensure proper care plans are followed.

- Transport available
- A minimal transportation charge for physician appointments & individual requests
- Medication management
- Consulting nurse
- Consulting pharmacist

grow ageless